



#### Infants need....

The basics: food, clothing, shelter, sleep. They also need extra warmth, attention, cuddling, and eye contact, all given in a consistent, loving manner.



#### Toddlers need.....

A safe place to explore, and stimulation of their physical senses through play. They need to be allowed to do some things on their own, and to learn about their bodies. Toddlers need to be read to, so that they can learn to talk.



## Preschoolers need....

To be allowed to try new things, as long as they're safe. They need rules that do not keep them from developing their abilities. They also need our approval to express good as well as bad feelings.



# Elementary school students need.....

To know the proper way for doing things. They need to be independent and dependent at the same time. Elementary schoolers need to form friendships, and to be like others their own age. They need to test your rules and begin to develop their own opinions.



### High school students need.....

To become independent from parents, and to accept responsibility for their behavior. They need to develop their own identity and beliefs. High schoolers need parent support and permission to become themselves.



Re-designed by San Bernardino County Children's Network